

Russell Bears start school daily at 8:25. See you on time!



# BEAR NEWS

## RUSSELL SCHOOL NEWSLETTER

January 2017

Russell Family Resource Center | 728-2400 ext. 4846 | [frcrussell@mcps.k12.mt.us](mailto:frcrussell@mcps.k12.mt.us)

Hey Russell Bears, go to the Russell web page for calendars, menus, teachers' notes, and more!

[www.mcpsmt.org/russell](http://www.mcpsmt.org/russell)



## Important Dates in January

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January 2—No School, Winter Holiday

January 3—Russell Bears Parent Group (PTO) meeting, 6:00 Library

January 16—No School, Holiday

January 25—Families First Class: Autism Spectrum

## Winter is Here!

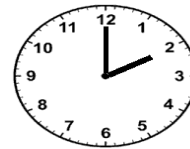
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We are so fortunate to live, work, play and attend school in Montana. Winter can be cold, but the fresh air and movement is so important for growing and learning bodies. Please know that students will go outside for recess as scheduled each day keeping in mind dressing them appropriately for the cold weather is so important. With an abundance of extra gear please label coats, snow pants, hats and gloves so that these can be returned to students. Pursuant to school policy students will not go outside for recess if the temperature and/or wind-chill is below zero degrees.

## Early Outs and No School

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Every Thursday during the school year is an early out. Grades K-3 dismiss at 2:00 and grades 4,5 dismiss at 2:30. **No School: Monday January 2nd, Winter Holiday and Monday January 16th, Martin Luther Kind Day Holiday**



## Family Involvement (PTO)

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The Russell Bears Parent Group welcomes all family members of Russell Students. We meet the first Tuesday of each month at 6:00 in the library. **Next Meeting: January 3rd at 6:00**

Can't make our meetings? Help us make sure that you are on our email list: [ptorussell@yahoo.com](mailto:ptorussell@yahoo.com) and like us on Facebook: Russell Bears Parent Group

**SAVE THE DATE!**

**Upcoming event: Russell Snowball, Friday February 10th**

**SAVE THE DATE!**

# Cooking Classes

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Wanting to learn new recipes, stretch your food budget and receive a brand new free crock pot? Coming in February The Expanded Food and Nutrition Education Program (EFNEP) will be partnering with Russell School to provide family friendly FREE cooking classes. Participants will learn: planning and preparing meals, healthy eating and cooking for le\$\$\$. Participants will get to sample recipes they make, and take home food that they prepare in class. To register or learn more, please contact the Russell FRC at 728-2400x4846 or [frcrussell@mcps.k12.mt.us](mailto:frcrussell@mcps.k12.mt.us)

# Labeling Winter Clothing

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Winter is here which means lots of hats, coats, mittens and boots! **We DO return items that are labeled with student names.** The Lost and Found is located at the convergence of the three school hallways. When items are found, they are hung on hooks on the wall, or placed on the bench. The Lost and Found will be cleared out on the last school day of each month. Any unclaimed items on the last day of the school month will be collected and they will leave the building. Thank you for helping us keep our school looking GREAT!

# Families First and Children's Museum Missoula

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Join Families First at Washington Middle School the evening of Wednesday January 18th at 6:15-8:15pm for a free class: **Helping the Child with ADHD like Symptoms**

Although life with your child may at times seem challenging, it is important to remember that children with ADD/ADHD like symptoms (or the spectrum) can and do succeed. As a parent, you can help create home and school environments that improve your child's chances for success. In this class, learn strategies for coping with symptoms that help improve your child's life and the harmony of your entire family. Free childcare available.



Join Families First in the library at Russell School the evening of Wednesday January 25th, 6:15-8:15 for a free class: **The Spectrum of Autism and Social Skills**

Come and learn some of the characteristics of autism spectrum and learn techniques to help your child with social skills. Free Childcare available.

Register online through The Life Long Learning Center at: [www.missoulaclass.com](http://www.missoulaclass.com) or by calling 721-7690.

# Thank you!!

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We have an amazing community. Thank you to the YMCA, New Hope Christian Fellowship, Cabela's, Big Brothers and Big Sisters of Missoula, and First Christian Church. Thank you for making Christmas brighter for many Russell Bear families.



# Families in Transition

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Did you know that a family or student living in a **temporary housing situation** might be eligible for education support services under the McKinney-Vento Act?

A child may qualify as homeless if s/he is:

- Living in an emergency shelter, domestic violence shelter, or transitional housing;
- Living in a motel/hotel or campground;
- Living in a car, park, public place or other structure not meant for housing;
- Doubled up with relatives or friends due to a loss of housing and economic hardship;
- Living in kinship care (not a legal guardian);
- Unaccompanied youth (if their living situation meets the above criteria);
- Living in substandard housing (living without electricity, cooking facilities, running water).

## How can I access McKinney-Vento services?

If you feel your child or family meets one or more of the qualifications to receive services provided by the McKinney-Vento Homeless Assistance Act, and your child is currently or will be enrolled in an MCPS school, please contact the Russell Elementary School FRC (Family Resource Coordinator) for more information or for assistance with determining eligibility. The Russell FRC can be reached at: 728-2400 ext. 4846. The FRC is located at the end of the primary hallway nearest to the Kindergarten classrooms.

# 4th Grade News

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The 4<sup>th</sup> graders will be going to the symphony January 27<sup>th</sup> at 1:00 at the Dennison Theatre on campus. Fourth grade is also starting poetry in January through the Missoula Writing Collaborative.

# Russell Bears House System

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“Working to create a CommUNITY of respect everywhere” Did you know that Russell Bears have Compassion, Courage, Gratitude, Integrity, Resilience and Tenacity? Russell Bears how have you shown Tenacity?

**Compassion Courage Gratitude Integrity Resilience Tenacity**

# Missoula Fresh Market

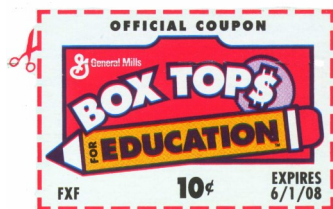
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Want to help Russell School raise money by doing something we already do? Missoula fresh market donates 1% of all transactions when you notate “Russell” on the top of your receipt when paying. Simply write Russell on the top of your receipt and hand it back to the cashier. You can ask for a second or duplicate receipt to take with you. It’s that easy!

# News From our Library

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Save your Box Tops. Look for these Box Tops on hundreds of products. They come in all shapes and sizes and each one is worth 10¢ for our school. Students may bring them to the library. All Box Tops are due on February 28th.



## Battle of the Books!

The district Battle of the Books competition has been set for Thursday, March 9th at Paxson Elementary. The 3rd/4th competition will be at 4:00 PM and the 5th/6th competition is at 7:00 PM.



# Spectrum Internet Assist

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## High-speed Internet at an affordable price

\*Spectrum is proud to be the fastest-growing Internet, TV and Voice company. We believe that everyone should have access to reliable, high-speed Internet. Through the **Spectrum Internet Assist** program, qualified households\* can receive:

- High-speed 30 Mbps Internet with no data caps
- Internet modem included
- No contracts required
- Add in-home Wi-Fi for \$5 more per month

\*\*\*\*\*Contact 1-844-525-1574 to see if you qualify